

# Twelve Days of Holiday Hero Tips!

# Holiday Hero Tip #1

#### **Heroes Give Heartfelt Gifts!**

Sometimes, the best gifts aren't the ones bought in stores, but the ones we make ourselves! This holiday season, remind your preschooler that taking the time to make a card or gift for someone special is a super way to show you care!

# Holiday Hero Tip #4

#### Be Someone Else's Hero!

The holidays are great for enjoying time with family and friends, but some people may feel lonely at this time of the year. That's when your family can swoop in and be heroes to someone in need of a friend!

# Holiday Hero Tip #2

#### Get into the Hero Spirit of Giving!

Luna Girl can be selfish and want things all for herself. It's important for preschool superheroes to know that while receiving gifts at Christmas time can be a lot of fun, so can giving gifts to family and friends!

### Holiday Hero Tip #5

#### Heroes Lend a Helping Hand!

There are so many ways to show you care during the holidays! You can help your preschooler be a hero this season by volunteering together in your community and participating in a coat drive, toy drive, or even helping to wrap gifts for children in



### Holiday Hero Tip #3

#### Heroes Share the Holiday Spirit!

The PJ Masks know the importance of working as a team and sharing with others. If your child's friend didn't receive the present they wanted for the holidays, encourage your child to be a hero and share his or her toys. It's a heroic gesture of kindness – and it's much more fun to play together, too!

# Holiday Hero Tip #6

# Heroes Remember the Little Things!

It's easy to get wrapped up in the hustle and bustle of the holidays and forget the importance of just being together as a family. Be sure to carve out some family time.

Make some hot cocoa and popcorn and snuggle up with a favorite book or play a board game and just enjoy being together.

After all, that's what the holidays are about!













# Holiday Hero Tip #7

# Heroes Don't Sweat the Small Stuff!

This is the perfect time of year to teach your child that a fantastic holiday celebration isn't about being perfect.
You don't have to be the world's best gift wrapper or cookie baker to bring a smile to someone's face. Try to find little ways each day to show your child the true meaning of the season - burned cookies and all!

# Holiday Hero Tip #10

#### **Heroes Travel Smart!**

If your family is traveling for the holidays, make sure you let your preschooler know the plan well in advance, especially if you're going to be flying or traveling via a method of transportation that might seem scary to a little one. (We can't all have a Cat-Car!) And, don't forget to pack kid-friendly snacks, books and other quiet activities for your little hero to help pass the time.

# Holiday Hero Tip #8

#### **Heroes Get Crafty!**

Heroes are resourceful! Have your preschooler use his/her hero skills to help with your holiday decorating this year. From drawing winter scenes on grocery bags (for wrapping paper) to making snowmen out of paper plates, homemade decorations are always a treat, and great for the planet, too!

# Holiday Hero Tip #11

#### Heroes Enjoy the Outdoors!

We can pretty much guarantee that at some point during the holidays you or your little ones are going to get a bit stir crazy. If the weather is cooperative, make sure you head outside for some fresh air and take some time to enjoy the outdoors. A wintertime walk around the neighborhood, a sleigh ride, or a bit of ice skating at your local rink makes for a great afternoon outing and helps use some of that holiday energy! If the weather is warmer where you live, head outside to play or have a holiday-themed picnic!

### Holiday Hero Tip #9

#### Heroes Are Thankful!

It's hard to not get caught up in the holiday retail rush. When your child shares with you the inevitable wish list of toys he/she wants, sit down with him/her and put together another list – a list of everything your child is thankful for. We bet that list will be longer than the one with the toys!

# Holiday Hero Tip #12

#### **Heroes Have Manners!**

'Tis the season for receiving all sorts of lovely gifts and having holiday meals at various relative's homes. Remind your preschooler of the importance of saying "Please" and "Thank You" and having good manners at the table, just like a hero!













